

Low-stimulus visit

Practical information



You are coming to Naturalis for a low-stimulus visit. Welcome! On this day and evening, we will provide a peaceful museum experience, with fewer visitors and adjusted stimuli. This document provides a step-by-step overview of what you can expect, so you can prepare for your visit.

In short

- Fewer visitors in the museum.
- Softer lighting and sounds.
- A quiet room to rest for a while.
- A calm welcome from trained staff.
- You can always take a break or go home early.
- You don't have to explain anything to staff. If you do want to, you are of course welcome to do so.

Virtual museum

Would you like to take a look at the museum from the comfort of your own home?

You can view the entire museum via the virtual museum: www.naturalis.nl/en/virtualmuseum

Times

You can enter the museum from the time you have booked.

Low-stimulus day (families)

- Admission from 10:00 a.m.
- The museum closes at 5:00 p.m.

Low-stimulus evening (16+)

- Admission from 6:30 p.m.
- The museum closes at 9:00 p.m.

You can leave at any time. You do not need to notify us.



Shop

The museum shop is located on the ground floor. The shop is open during the day and in the evening, and remains open for half an hour after the museum closes.

Restaurant

- The restaurant is open during the day.
 - We only sell vegetarian products.
- During evening opening hours, a coffee corner is open, serving coffee, tea, and small snacks.

Accessibility

Naturalis is easily accessible for:

- Wheelchairs
- Small mobility scooters

You can borrow a wheelchair at the museum.
There are two elevators.
All stairs have handrails and resting points.

You may bring an assistance dog.
Other pets are not allowed.

Sound and light

- The music in the museum is soft.
 - The lights in the Atrium (the large hall) and the workshops are dimmed.
- Not all stimuli can be completely eliminated.

You may still:

- hear sounds from other visitors
- hear elevators
- see screens and videos

Are you sensitive to noise? Feel free to bring your own earplugs or headphones. If needed, we also have some available for you in the sensory basket (see Quiet room).

Our building

Address:

Naturalis Biodiversity Center
Darwinweg 2
2333 CR Leiden

Are you coming by train?

Naturalis is about a 10-minute walk from
Leiden Central Station.
Use this entrance:



Please note:

The revolving door moves automatically.
You do not need to push it.





Are you coming by car?

You can park in the parking garage behind the museum.

Parking garage address:

Mendelweg 2, 2333 CS Leiden



- The barrier opens automatically.
- Parking costs € 1.20 per half hour, with a maximum of € 25 per day.
- You can purchase a parking ticket at the payment machines inside the parking garage (not at the museum reception desk).
- There are also accessible parking spaces (17 in total) and charging stations for electric cars.

After parking, use the entrance at the back of the building.

Please note:

The revolving door here also moves automatically.

In the museum

Het Atrium

The museum's main hall is called the Atrium.

On the ground floor, you will find:

- coat racks
- lockers
- toilets
- the shop
- the quiet room
- the information desk
- stairs and elevators



Lockers and coat racks

- You can hang your coat on a coat rack.
- You can use a locker.

To use a locker, you'll need a € 0.50 or € 1 coin.
You'll get it back when you open the locker.

Don't have a coin?

There's a machine on the wall where you can use
your debit card to get a coin.



Restrooms

Restrooms are located on:

- the ground floor
- floor 3
- floor 5
- floor 9

Restrooms for people with disabilities are located on:

- the ground floor
- floor 9



Quiet room

Do you need some peace and quiet?

There is a quiet room on the ground floor.

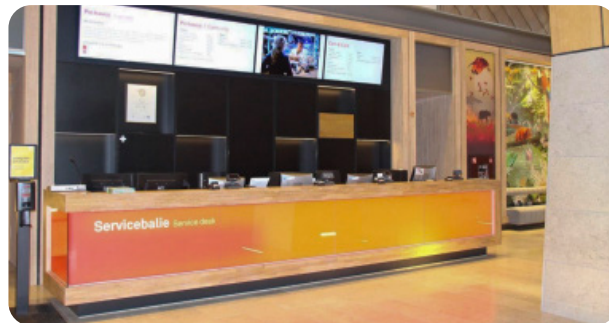
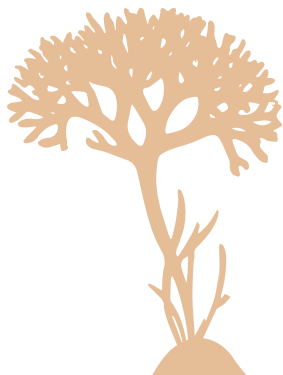
- Here you can sit quietly for a while.
- There is a basket with objects to cope with stimuli.
- You can stay here as long as you need.

There may be other visitors present.



What's in the sensory basket?

Think ear protection, sunglasses, stress balls, and fidget toys. You can ask for the sensory basket at the information desk - no reservation needed - and return your item to the desk after your visit. The basket is available to everyone - you choose what you'd like to borrow.



Information desk

There is an information desk on the ground floor. You can ask any questions you may have here. You can also always ask a member of staff in the museum.





Employees

Most Naturalis Employees:

- wear a white shirt
- with gray and red figures
- and a badge

Security guards wear:

- an ID badge
- a V-shaped pin

All employees have been instructed about the low-stimulus day and evening.

Entering the museum

From the ground floor, you can take the stairs or the elevator.

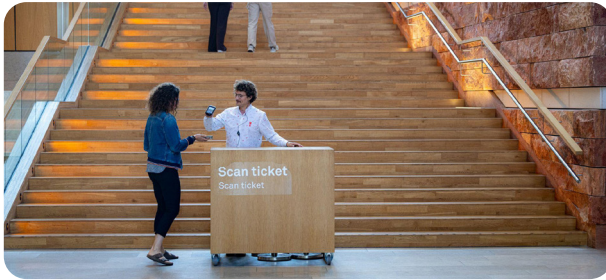
There are staff members at the stairs and elevators. They will ask to scan your ticket. Scanning takes a few seconds. Then you can proceed.

You can show your ticket on your phone or bring a printed copy.

Do you have a discounted ticket? Then bring your discount card, such as:

- Museumkaart
- VriendenLoterij VIP card
- CJP card

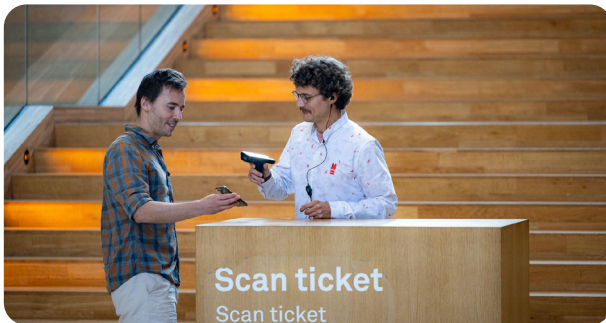




Skeletons and mounted animals

Naturalis displays skeletons and mounted animals.

- We do not kill animals.
- Most animals come from zoos.
- They died there of natural causes.
- The eyes of mounted animals are made of glass.



Our galleries

Naturalis is a large museum with nine exhibitions. It is not necessary to see everything at once.

We recommend choosing two or three galleries in advance.

Overview of galleries

- **LiveScience** (ground floor)
About our scientists. Real fossils are cleaned here. This gallery has two floors. Are you unable to use the stairs? Ask a member of staff for assistance.





- **Life** (floor 2)
About animals.



- **Earth** (floor 3)
About gemstones, volcanoes, and earthquakes.



- **Dinosaur age** (floor 3)
With our *T. rex* Trix.



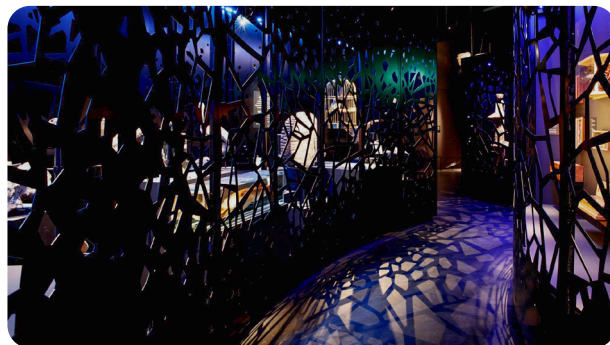
- **Ice age** (floor 5)
Featuring a mammoth, among other things.



- **Early humns** (floor 5)



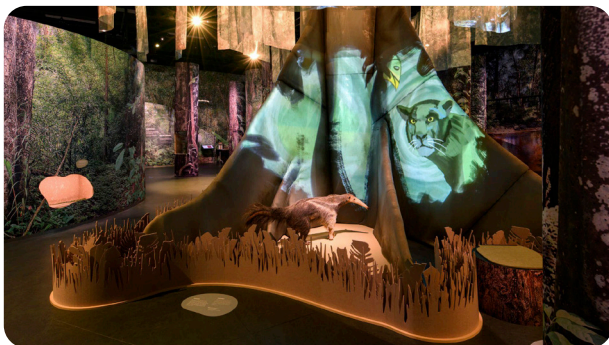
- **Evolution** (floor 5) **Please note: Touching the large stone causes flashes of light.**



- **Death** (floor 7)
About dying and extinction.



- **Seduction** (floor 7)
About flirting, sex, and young animals.



- **The forest of Suriname** (floor 7)
About the connection between nature and culture.



End of your visit

- During the day, the museum galleries close at 5 p.m.
- In the evening, the galleries close at 9 p.m.

Did you park your car? If so, don't forget to pay at the payment machine in the parking garage before you leave.

Good to know

- You can always take a break.
- You can go home early.
- You don't have to explain anything.
- You can ask a member of staff for help.

Questions?

Do you have any questions about your visit?

Please send an email to:

tickets@naturalis.nl

We wish you a pleasant and peaceful experience at Naturalis.

See you soon!